

## Benefits of availing the Guidance Services

1. enables you to freely express yourself
2. helps you better comprehend oneself
3. helps you to communicate better in your relationships
4. helps you establish wholesome connections
5. gives you a feeling of hope and direction
6. helps you discover solutions for your worries
7. alters the way you think, attitudes and actions towards positive results
8. improves your skills and judgment attitude
9. helps you improve your quality of life
10. enables you to access counseling without traveling to the counseling office



### CRMSD SCHOOLS PHILOSOPHY OF EDUCATION

“We believe that education is a process of transforming the young into holistic person, in preparation for his eternal destiny with the Creator.”

### VISION

We envision the CRMSD School as an evolving center of character formation and academic excellence that nurtures learners into becoming transformative leaders of global society, who are bearers of TRUTH in the service of God, country, and fellowmen.

### MISSION

As a Catholic, Filipino, and Dominican School, we commit ourselves to nurture our Christ-like attitude, deepen our devotion to the Blessed Mother; protect God's creation, participate in social transformation; bring the TRUTH wherever we go and live the Dominican spirit of STUDY for the benefit of society.

We, DOMINICANS, bear witness to the TRUTH in the SERVICE of GOD and His CREATION.


***Veritas et Excelsior!***



**ST. CATHERINE'S COLLEGE**  
CARCAR CITY, CEBU, 6019

## GUIDANCE CENTER

Monday - Friday 8:00 AM to 5:00 PM

 (032) 487 8170

 [sccguidance1923@gmail.com](mailto:sccguidance1923@gmail.com)

 St. Catherine's College Guidance



## Guidance Services

1. Information Service
2. Counseling
3. Individual Inventory/ Appraisal Service
4. Follow-up Service
5. Referral Service
6. Monitoring, Feedbacking, Evaluation and Research
7. Career and Job Placement

### The Guidance Office:

- helps you to bring the necessary change of yourselves, to reconcile with others & become more adjusted to the total school system.
- is for everybody; it seeks to help you in the areas of academic, career, & personal-social development.
- assists you in coming up with a sound resolution by laying down possible outcomes of certain course of actions.
- keeps all your records confidential – we do not share what you share inside the counseling room.

### The Guidance Office is NOT :

- *a Disciplinary Office*
- *only for learners with problem*
- *a problem solver*
- *a teller of tales*

### How can a student access the services?

#### Self-Referral

- when you need someone to help cope with changes
- when you need to make decisions
- when you need information regarding job vacancies

#### Referred by others

- your teacher sends you
- your parents request for it
- or when the counselor invites you

